



## Sensory Processing Skills

Please mark if your child is experiencing these issues:

### Infants and toddlers

- Problems eating or sleeping
- Refuses to go to anyone but me
- Irritable when being dressed; uncomfortable in clothes
- Rarely plays with toys
- Resists cuddling, arches away when held
- Cannot calm self
- Floppy or stiff body, motor delays

### Pre-schoolers

- Over-sensitive to touch, noises, smells, other people
- Difficulty making friends
- Difficulty dressing, eating, sleeping, and/or toilet training
- Clumsy; poor motor skills; weak
- In constant motion; in everyone else's face and space
- Frequent or long temper tantrums

### Grade schoolers

- Over-sensitive to touch, noise, smells, other people
- Easily distracted, fidgety, craves movement; aggressive
- Easily overwhelmed
- Difficulty with handwriting or motor activities
- Difficulty making friends
- Unaware of pain and/or other people

### Adolescents and adults

- Over-sensitive to touch, noise, smells, and other people
- Poor self-esteem; afraid of failing at new tasks
- Lethargic and slow
- Always on the go; impulsive; distractible
- Leaves tasks uncompleted
- Clumsy, slow, poor motor skills or handwriting
- Difficulty staying focused
- Difficulty staying focused at work and in meetings

Visit [www.SPDFoundation.net](http://www.SPDFoundation.net) to learn more about Sensory Processing.

Source: STAR Center ([www.starcenter.us](http://www.starcenter.us))