Pediatric Feeding History Form

Child's Name: _____ Date of Birth: _____

1. Please explain, in your own words, what your child's current feeding problem is:

2. Was your child breast fed? From when to when _____
Was your child bottle fed? From when to when _____
Please describe your child's initial skill on the breast and/or bottle:

3. During these early feedings, did your child frequently arch, cry, spit up, gag, couch, vomit or pull off the nipple? Please describe when each would happen, and why, and for how long:

4. Describe how the weaning process off the breast and/or bottle went and why the child was weaned:

5. At what age was your child introduced to
baby cereal? _____
baby food? _____
finger foods? _____
table food?_____
When did they transition fully to table food? _____
Please describe how these transitions were handled by your child, especially if any difficulties occurred:

If your child eats by mouth, please answer the following questions:

6a. List the foods that your child currently will eat and drink placing a star next to their favorites:

6b. List the foods your child refuses:

6c. List the foods your child is allergic to:

6d. Describe your child's mealtime:

Who typically feeds your child: _____

Who typically eats with your child: _____

What type of chair is used: _____

How long are meals typically: _____

Does your child use utensils or any type of special cups/bowls?

_____

Are there any other activities going on at meals? Please describe:

_____

6e. What tines does your child typically eat and what type (bottle, breast, solids)?

Time	Breast	Bottle	Solids (baby food, table)

If your child is tube fed, please answer the following questions:
7a. What type of formula is used and exactly how do you mix it?

7b. Describe where your child is tube fed and what activities are occurring at the same time:

7c. Describe your child's reactions to the tube feedings (connecting, during, disconnecting):

7d. Please detail your child's feeding schedule:

Time of feeding (start)	NG, G or continuous	Amount	Gravity or pump	Over what time period or what rate

***Please answer for all children**
8. Has your child ever been on any type of special diet other than what you just described? If yes, please describe type of diet, at what ages, why and what was your child's response:

9. How do you know your child is hungry or full?
   Hungry?

   Full?

10. Has your child lost or gained any weight in the last 6 months, and how much?

11. Would you describe your child's weight as: ideal underweight overweight

12. Does your child have/had any of the following problems? Please describe:
    dental, frequent constipation, frequent diarrhea, vomiting, choking, gagging, coughing

13. Does your child take a vitamin supplement? Which one?

14. Describe how you, and your child feel after a feeding:
    You:

    Your child:

15. What other evaluations have been completed regarding your child's feeding difficulties and what were the results/what were you told?

16. What treatments have been tried for this problem, and what were the results?

17. How can we be most helpful to you and your child?

Food Range Diary

Child's Name: _____ Date: _____

Please list all of the different foods that your child eats (at least 2-3 bites, at least ~80-90% of the time they are served it). Please list each food by its name. For example: list chicken nuggets; chicken fingers, chicken lunch meat, chicken pot pie instead of just listing chicken. List dried fruits or vegetables separate from fresh versions. Don't forget to list what your child drinks. Please be as specific as possible.

Proteins	Starches	Fruits/Vegetables

Adapted from Kay A Toomey, Ph.D.